



"I have been very impressed with the programmes she has designed. She creates and sustains an environment of trust, designing activities that produce vibrant and effective workshops that deliver results"

My Take on Leadership

I believe the key starting point for becoming a more effective leader is to understand the impact we have on others and the characteristics and qualities that contribute to that impact.

My experience working with a cross-section of leaders has emphasised the importance of establishing a clear vision and strategy and then inspiring, motivating, and developing individuals to achieve that vision.

Developing high levels of trust and focusing on both performance and people allows the organisation to achieve truly remarkable results.

Recent Assignments

- 10 years experience designing and delivering strategy development + leadership workshops for senior partners across a top accountancy firm
- 12 month leadership programme for leaders across a major university publishing house.
- Design + delivery of leadership programme and executive coaching for oil & gas consultancy
- Guest presenter for high potential leadership programme developing upcoming leaders across Bath

Specialist Skills

- Change leadership
- Developing & sustaining high performing teams
- Vision + strategy development
- Developing trust
- Situational leadership- the ability to be flexible and adapt our style
- Leaders as coaches
- Inspiring & motivating others

Business Experience

- 20 years' experience working with individuals and teams to facilitate their personal development.
- My career started in the FMCG industry as both research manager & running internal training programmes, before moving into management consultancy.
- I have previously worked for both Accenture and Deloitte as well as Lloydmasters, a small change management consultancy.
- I've designed and delivered a range of management development & leadership programmes across technology, manufacturing, oil + gas, and public sector industries.

Qualifications and Accreditation

- MBA specialising in Organisational Behaviour and Strategy, INSEAD
- Accredited ICF coach (International Coaching Federation)
- Qualified and experienced in a range of psychometric tools including MBTI, iWAM, CAPP strengths profiler, Learning styles inventory, Derr's career orientations, Insights
- Qualified team coach
- Studying for Masters in Organisational Psychology